



# Walk/Remembrance

END THE SILENCE AND STIGMA OF MENTAL ILLNESS. SHINE HOPE ON THOSE WHO SUFFER.



*Do not lose HOPE!*

**Saturday, Sept. 7**

**5:30-8:00 p.m.**

**Harmon Field**

**6:30 p.m. dove release honoring  
those who have lost their battle**

In recognition of National Suicide Prevention Week, join us for the **Fifth Annual Walk/Remembrance**. Free t-shirts, food and candles will be provided. Local organizations will be available with helpful resources.

Learn more online at:

[PolkFitFreshAndFriendly.org](http://PolkFitFreshAndFriendly.org) or [facebook.com/PF3WellnessCoalition](https://facebook.com/PF3WellnessCoalition)

Questions? Mary Wells Prioleau: 828-899.9699 or Tamara Black: 828.216.4477

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