



POLK FIT, FRESH and FRIENDLY
March 23, 2017
12:00 Noon, Polk County Library

MEETING MINUTES

Present: Jerry Stensland, Michele Trofatter, Jada Scruggs, Rob Fuller, Cathy Brooks, Marjorie Vestal, Tommy Melton, Kathy Woodham, Laura Ellington, Ben Ellington, Linda Greensfelder, Lisa McAlpine, Buffy Ashmore, Karen Goodale, Wendy Thomas

Jerry is taking Jimmi's place today. Introductions were made by attendees.

Minutes: Jerry made a motion to approve the January minutes. Ben seconded the motion, and it passed unanimously.

Speaker: Buffy Ashmore, Hear2Help Coordinator with Polk Fit, Fresh and Friendly

Hear2Help uses known and trusted individuals in the community to create relationships and connect people with resources. This will be a 2-way communication that will allow people to communicate lack of resources or gaps in resources back to front-line workers. There will also be a Resource Guide for front-line workers to refer to when connecting people with needed resources. Community agency trainings for volunteers are ongoing at this point. A pilot training has been done with Thermal Belt Outreach. Volunteer trainings outside of agencies haven't really happened at this early stage, but are planned for the future.

Buffy shared what the training manual content looks like and contains. She also shared a brief look at the training manual and the Resource Guide. The Resource Guide will be made available to front-line workers and volunteers to use with the program. It contains many categories of free and reduced services and care for people living and working in Polk County. Buffy also gave some examples of how the Resource Guide might be used in an agency or by a volunteer. She also shared the current draft of the referral form and explained how it might be used in the program.

Buffy is planning to post the Resource Guide on the PF3 website this week.

Board Member Term Vote: There was a mistake made in the notification for electing board members. Ben is asking that we suspend the rule that 2 weeks' notice be given to re-elect Anne Britton, Lou Parton, and Milton Butterworth. Ben Ellington made a motion to suspend the rule; Marjorie Vestal asked that a Health Department representative be added. Linda informed her that Karen Powell had already accepted a position. Kathy Woodham seconded the motion and it passed unanimously. The motion to accept Anne, Milton, and Lou for new term was made, duly seconded, and also passed unanimously.

Lisa- ACA

Linda- Awareness Walk 4-7-17 Stearns Park; Darkness to Light; Community Leaders Breakfast for April 27, 2017. Flyers were shared by DSS. Today is the last day to order pinwheels.

Laura/PHC- Manna Food Bank is at PHC every other Tuesday; Medicaid Eligibility worker at PHC 2 days per week. Medical provider is at capacity. Bilingual navigator is helping to navigate resources for patients.

Kathy/SLH-Weekly nicotine support group on Thursday evenings. An oncologist has signed on with the infusion center at SLH. The pain center is continuing to grow and expand. Senior Life Solutions therapist, Anne Jacobs, was the top therapist this year and St. Luke's program was runner-up for top program.

Tommy/County Commissioner- Will answer any questions about property taxes after the meeting.

Marjorie/RPMHD- The most recent community health assessment showed that children in poverty were a pressing need. Advocated for policy level change for non-smoking in Polk County as a way to support. She also offered several health department resources related to helping people stop smoking, support etc.

Cathy/Partnership for Children-

The Free Clinics- Referrals for medication and specialty care assistance. Free training for micro clinics program is next week; March 28-29 is Spanish language and March 30-31 is English language. Call The Free Clinics for more information.