



# St. Luke's Hospital

## Diabetes Self-Management Education Program

*Accredited by the American Association of  
Diabetes Educators*

*Taught by Melissa Melum RN, CDE  
Certified Diabetes Educator*

In the Diabetes Self-Management  
Education (DSME) Program at  
St. Luke's Hospital, learn how to  
manage all aspects of diabetes  
including medications.

It is designed for all people with  
Type 1 or Type 2 diabetes and is  
geared to meeting individual needs.

**101 Hospital Drive  
Columbus, NC  
828-894-0944**

# Core Diabetes Education Program

## Consists of

Two three-hour classes with learning and discussion at St. Luke's Hospital.

*followed by*

One-on-one individualized, goal-setting and problem-solving sessions.

## Enrollment

Enrollment in the DSME Education Program requires a referral from a medical provider who treats the patient's diabetes. Referring providers receive detailed reports and feedback about a patient's status.

For more information, or for a physician referral form, please call, (828) 894-0944.



For additional support after DSME, Diabetes Self-Management Support is also available. Please inquire about these additional programs and resources.